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| March | 2024 |
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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 4 | 5 | 6 | 7 | 8 |
| ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | NO Practice |
| 11 | 12 | 13 | 14 | 15 |
| **NO SCHOOL**  **NO PRACTICE** | **NO SCHOOL**  **NO PRACTICE** | **NO SCHOOL**  **NO PRACTICE** | **NO SCHOOL**  **NO PRACTICE** | **NO SCHOOL**  **NO PRACTICE** |
| 18 | 19 | 20 | 21 | 22 |
| **NO SCHOOL**  **NO PRACTICE** | **NO SCHOOL**  **NO PRACTICE** | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 |
| 25 | 26 | 27 | 28 | 29 |
| ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | Girls PRACTICE  3:45 – 5:00  **NO BOYS PRACTICE** | Boys PRACTICE  3:45 – 5:00  **NO GIRLS PRACTICE** |
| Track meet Day 1 | 2 | 3 | 4 | 5 |
| Hoover High Stadium  5:00 Start | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 |

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| April |

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 8 | Track meet Day 9 | 10 | 11 | 12 |
| ALL PRACTICE  3:45 – 5:00 | North High Stadium  5:00 Start | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 | ALL PRACTICE  3:45 – 5:00 |
| 15 | Track meet Day 16 | 17 | City Practice Meet Day 18 | 19 |
| ALL PRACTICE  3:45 – 5:00 | North High Stadium  5:00 Start | City Meet Team PRACTICE  3:45 – 5:00 | Hoover High Stadium  5:00 Start | City Meet Team PRACTICE  3:45 – 5:00 |
| CITY MEET 22 | 23 | 24 | 25 | 26 |
| East High Stadium  5:00 Start | 4x100 Practice  3:45 – 4:15 | 4x100 Practice  3:45 – 4:15 | 4x100 PRACTICE  3:45 – 4:15 | **Drake Relays** |
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