

Miss Liz – elizabeth.roberts@dmschools.org

Family and Consumer Sciences

Happy Friday! I loved getting to see all the delicious things you cooked/baked in the last week! It was a hit, and many asked for more cooking challenges.

This week I am challenging you to explore another country's cuisine. You could explore some of your heritage or get creative and pick a random country. Find one that starts with the first letter of your name.

Example: Brandy- Bangladesh, Belize, Bahamas. Next, research some of their food customs. What are some of their staple foods? Staples are foods (not dishes) that they eat often. An example of a staple food in the Bahamas is conk, which comes from a mollusk. This can be cooked different ways and can also be added to soups or a variety of dishes.

After you have researched about the country's different food customs, research some authentic meals. (For all of you 7th and 8th graders, I'm sure this challenge seems familiar. Hopefully you have picked a different country from your Design Cycle project!) Look at authentic/traditional breakfast, lunch, and dinner recipes. Here comes the "cooking part". Pick 1 or 2 recipes that you feel you would be able to cook at home, possibly with some help. Look through your list of ingredients to see if you will be able to access all of them. You will probably need to work with your parents on this part. If you won't have access to all the ingredients, research if there are any alternatives to this/these ingredients. These recipes do NOT need to be complex or expensive. In fact, I found a recipe for Apfelpannekuchen (A German Pancake) the other day that I'm going to make this weekend. I already have all the ingredients and am super excited to try. I'll post a picture and recipe next week. Something else you could do is see if there are any local restaurants that serve your cuisine. You could possibly order take out and compare/contrast your dish to theirs.

Please send pictures or even the research over the country you picked to brandy.sage@dmschools.org

Please know that you may not be able to complete all of this challenge and that IS OK! Even just doing the research and expanding your knowledge on another country is awesome and fits right into being an IB school. 😊

Miss you!

Mrs. Sage

Business

Hello to all you technology experts

I hope you all are doing well and not spending all of your time on technology. As I say that I am in the process of setting up my 4th quarter students with student accounts that the rest of you already have. On Monday all of you should have access to work in the websites typing.com and everfi.net. You are going to want to find where it says student login. Your username for both sites will be your student number followed by the 3 letters "mms". Your password will be "mustangs1". In typing.com you can do typing lesson and typing games. The goal is to use all of your fingers correctly. In everfi.net, 6th and 7th graders should start with Ignition New. 8th Graders should start with Future Smart. There are several modules in each one. There are no spaces or capital letters in either your username or password. You may change your password if you like once you get signed in.

Good luck and I hope you enjoy the activities.

If you have any problems or questions, email me at robert.hoeg@dmschools.org

Visual Arts

Hello creative scholars throughout the reef! Like many of you, I have been trying to get outside on nice days to soak in the vitamin D and breathe fresh air. Even if it's just while I take sidewalk chalk to my driveway in order to create some beauty or just venture on a short walk.

However, this week got cold and snowy again! Therefore, I have been using my imagination and daydreaming while holding down the sandcastle. Putting on to paper what we dream for our future, or what under other circumstances we would want to be happening, can be a way to release some of your emotions. As

many of you know I tend to be a bit of a peculiar anemone, so my example for this week is not as realistic as you may feel inclined to dream of. If you want to participate, you can choose your desired realism or surrealism.

Both Mr. Moore and I would love to see any artwork you make! On Instagram you can tag @mustang.studio (our school's newish account for visual arts) so we can see your work or email us. And don't forget about the April Challenge we were tagged in.

We hope you all are continuing to stay healthy and find ways to keep in high spirits as we snuggle in like clownfish.

Ms. Anders and Mr. Moore

PS. DMPS has provided optional art activities to participate in. They can be found near the end of the packet distributed during the meal on Monday, or by going to <https://www.dmschools.org/onlinelearning/pk-8-subject-workbooks/> clicking on your grade level and then opening the weekly Workbook.

"Diving lessons with Hei Hei"



Other Notes

SchoolCNXT: Students received an invitation in their school emails to join SchoolCNXT. That link will walk students through how to set up their account and log on. Please send any questions or concerns to me at kristen.kennedyanderson@dmschools.org

Thanks, Kristen Kennedy Anderson